

# CERTIFICATE OF PARTICIPATION

This is to certify that

**Izel Rost**

Has successfully participated & completed the  
**5km Lormar Trail Run 2017 - Night Race**  
held at Middelburg.

**TIME 00:36:44**

**PACE 07:19/km**  
**OVERALL 53 of 78**

**GENDER 33 of 51**  
**40 - 49 13 of 21**

07 October 2017, Sat

Date



*BoutTime*

Signature

